

Pegasus FC COVID 19 Risk Assessment



Date completed:	18 th June 2020 <i>Updated 24th July 2020</i> <i>Updated 25th August 2020</i>	Assessor(s):	A Tootell/ K Bishop/ L Oldaker
Review date:	1 st September 2020	Approved by:	

Key information:

Risk assessment written following a site visit and is intended to ensure the safe return to football for players at Pegasus FC. It should be used in conjunction with the following:

- FA Updated guidance on Permitted Grassroots Football Activity 12th June
- FA Covid-19 Guidance on re-starting football activity for coaches – 12th June
- FA Covid-19 Guidance on re-starting football activity for Clubs – 12th June
- FA Covid-19 Guidance on re-starting football activity for Parents/ Carers – 12th June

<http://www.thefa.com/news/2020/jun/12/grassroots-covid-19-update-120620>

Updated 24th July further to additional guidance:

<file:///C:/Users/atootell/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/4VK4GO3Z/return-of-outdoor-competitive-grassroots-football-faqs.pdf>

<file:///C:/Users/atootell/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/4VK4GO3Z/summary-of-covid-19-guidance-on-re-starting-competitive-grassroots-footb....pdf>

<file:///C:/Users/atootell/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/4VK4GO3Z/detailed-covid-19-guidance-on-re-starting-competitive-grassroots-footbal....pdf>

Updated 25th August for return of spectators

- FA NLS Club Guidance – Covid-19 Return to Football v2 – 19th August 2020

What are the hazards?	Who might be harmed?	Controls required	Additional controls	Action by whom?	Action by when?	Date completed
Health of coaches/ players / parents	Coaches/ players / parents/ carers.	SYMPTOMS IDENTIFIED <ul style="list-style-type: none"> • Display 'symptoms' poster at entrance and surrounding area • Ensure all coaches and other club members are aware of symptoms 	<ul style="list-style-type: none"> • Be aware of vulnerable groups as defined by Government advice https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid- 	KB	Before first session	

	Those classed as vulnerable.	<ul style="list-style-type: none"> Brief coaches and other club members on those people considered vulnerable e.g. People with asthma, children with other respiratory conditions, adults Communicate control measures with all coaches and other club members Communicate clear guidance on not attending training if any of symptoms are shown 	19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19			
Non-compliance to covid-19 protocols	Coaches/ players / parents carers.	<p>COMMUNICATION</p> <ul style="list-style-type: none"> Clear communication with all stake holders i.e. coaches, players and parents/ carers of safety protocols Club officials to ensure that coaches are fully briefed on risk assessment and FA Guidelines Coaches to communicate the above with parents/ carers and players 		KB	Before first session	
Poor hygiene leading to increased risk of transmission.	Coaches/ players / parents carers.	<p>PROMOTING GOOD HYGIENE:</p> <ul style="list-style-type: none"> Provide additional hand sanitisers at entrance, exit and toilet facilities. Clearly direct people to where they can wash their hands. Ensure that all handwashing stations are in good working order and provide soap, water and hand sanitiser. Provide hand washing advice posters Use disposable paper towels in handwashing facilities. <p>KEEP FACILITIES AND EQUIPMENT CLEAN:</p> <ul style="list-style-type: none"> Regular cleaning throughout areas used on site 	<ul style="list-style-type: none"> Daily stock check (sanitiser, soap and paper towels). Daily check (directional signage and information posters). Communicate with all coaches and other club members on new protocols and the important of good hygiene. A responsible person to check cleaning has taken place as planned. Weekly stock check (cleaning products). Empty waste facilities regularly. 	All coaches	On - going	

		<ul style="list-style-type: none"> • Identify high-contact touch points for more regular cleaning (e.g. door handles, grab rails, gates). • Frequent cleaning of work areas and equipment between use. • Maintain waste facilities. • Remove any non-essential items that may be difficult to clean. 	<ul style="list-style-type: none"> • Communicate with all coaches and other club members how to manage reported COVID-19 symptoms 			
Lack of social distancing leading to increased risk of transmission.	Coaches/ players / parents carers.	<p>MAINTAINING SOCIAL DISTANCING AND AVOIDING CONGESTION:</p> <ul style="list-style-type: none"> • Provide signage so people can find their destination quickly. • Review how people walk through the clubhouse and adjust this to reduce congestion and contact between users. • No entry to the clubhouse to avoid overcrowding. • Apply two metre markings to entry to pitch entrance and exit, and toilet in away changing room • One-way signage to help direct movement of coaches, players and parents. • Single-use doorways to avoid congestion i.e. one-way only entrances / exits. • Single / limited use of toilet facilities to avoid congestion in confined spaces. 	<ul style="list-style-type: none"> • Monitor effectiveness, especially at peak times. • Communicate with all coaches and other club members to promote compliance to facility users. • Communicate with all coaches and other club members to report / deal with issues of noncompliance to welfare officers/ club officials 	All coaches	On - going	
Increased risk of transmission through physical contact between	Coaches/ players / parents carers.	<p>DELIVERY OF SESSIONS</p> <ul style="list-style-type: none"> • Maximum of 30 people at any one session – or keep groups apart. 	<ul style="list-style-type: none"> • Do not pick up a ball that has travelled into the area that you have not been using. 	All coaches	On - going	

<p>players, players and coaches, players/coaches and equipment.</p>		<ul style="list-style-type: none"> • Start each session with a safety briefing and maintain vigilance with hygiene rules e.g. players must not touch cones/ goals, drinks must remain separate etc. • Where possible coaches maintain 2m social distancing by having a coach's area to communicate with the children • Sessions will be set out with FA guidance in place • Try to design sessions with minimal contact and social distancing measures in place • Full contact allowed but maintain social distancing for as much of the session as possible: <ul style="list-style-type: none"> ○ Warm up 2m apart ○ Keep 2m apart in drills and skill practices where possible ○ Players to be 2m apart when being addressed by the coach ○ No goal celebrations ○ No hand shaking ○ No Shouting ○ No Spitting ○ Maintain 2m distancing on subs bench • Try to use minimal equipment where possible • Encourage children to adhere to the FA social distancing rules • All session to be delivered in open air • Avoid sharing equipment, gloves, balls, cones etc • Group sessions will adhere to the FA guidance on coach and player ratios • Contact within sessions will adhere to FA guidance • Drinks areas will be marked out for each group • All will bring bottled drinking water for their own use. No one will share at any time 	<ul style="list-style-type: none"> • Players and staff to avoid touching the ball with hands through the session. (Each coach will have gel available if this happens) or wash hands or hand sanitiser stations • Parents to follow social distancing rules when arriving to, observing sessions and leaving site 			
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Increased risk of transmission through physical contact between players, players and coaches, players/coaches and equipment.	Coaches/ players / parents carers.	<p>USE OF EQUIPMENT</p> <ul style="list-style-type: none"> • Maintain and clean own equipment with disinfectant after each session. • No Sharing of equipment between staff unless it has been disinfected appropriately • Goals and any surfaces touched by staff or players washed and disinfected on regular basis • Coaches to disinfect all goals and other equipment used during session using spray and paper towels provided 		All coaches		
Exposure to infected people and/or surfaces, etc.	Coaches/ players / parents carers.	<p>PARKING & TRAVELLING</p> <ul style="list-style-type: none"> • Avoid the use of public transport • Travel only within family bubbles i.e. by car, motorbike, bike, walking, etc. • If staff or parents have no choice but to share transport: <ul style="list-style-type: none"> - Journeys should be shared with the same individuals and with the minimum number of people at any one time. - Good ventilation (i.e. keeping the windows open) and facing away from each other may help to reduce the risk of transmission. - The vehicle should be cleaned regularly - Vehicles must not park in ways likely to cause concern or nuisance to customers and the local community. 	<ul style="list-style-type: none"> • Plan, where possible for car parking at distances of 2 metres where appropriate 	All coaches		
Exposure to infected people and/or surfaces, etc.	Coaches/ players / parents carers.	<p>TOILETS AND OTHER FACILITIES</p> <ul style="list-style-type: none"> • Regular and frequent cleaning of hands with soap or steriliser will be available when appropriate • Make all, familiar where the toilet is and the rules of use 		All coaches		

		<ul style="list-style-type: none"> • Ensure players, parents and staff go to toilet one by one. • Make familiar where the hand washing stations and sanitisers are on site 				
Exposure to infected people and/or surfaces, etc.	Coaches/ players / parents carers.	FIRST AID <ul style="list-style-type: none"> • Minimum of 1 qualified first aider on site always • Avoid person to person contact where possible, if not then wash hands before and after giving first aid • Chest compressions only for non-breathing casualties – no rescue breaths • Ensure de-fib is available for use (regularly inspect) if on site. Ensure you are aware of its location • Clean and disinfect all equipment used after use 		All coaches		
Exposure to infected people and/or surfaces, etc.	Spectators	<ul style="list-style-type: none"> • No individual to attend who has symptoms of Covid-19 • Number of spectators admitted limited in line with FA and DCMS requirements • Markings in place to assist with social distancing • Spectators to limit gatherings to discrete six person groups spread out in line with Government guidelines • Toilet facilities limited to one person at a time • Hand sanitiser stations provided at various points in ground and clubhouse • One way system for entrance and exit to ground 	<ul style="list-style-type: none"> • Publication of Risk Assessment and Action Plan on club website • Action Plan displayed outside entrance to ground 	NM	Match days	

Key actions for coaches

1. Check for symptoms

In line with current Government guidance, all participants (players, coaches, club and match officials, volunteers, spectators etc.) should check for symptoms of Covid-19. If an individual is symptomatic and/or living in a household with a possible Covid-19 infection they should remain at home and follow Government guidance.

2. All coaches to complete a safety briefing before training and matches (see appendix 1)
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 - Be aware of your own personal health. If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
 - Be responsible.
 - Practise good hygiene.
 - Where possible maintain social distancing.
 - Support NHS Test and Trace.
 - Do not spit.
3. Track & trace – coaches to collect names of participants at training and matches and keep for no more than 21 days
4. All coaches to receive written consent from parents for children to be involved in training and matches
5. All coaches to be aware of and implement social distancing guidance for training and matches (refer to FA guidance)
6. All coaches to be aware of and implement Covid-19 modifications for matches including no pre-match hand shakes, team talk huddles etc. (refer to FA guidance for details)